



SAFEbuilt

Your bridge to health and wellness

Welcome to Your 2022 SAFEbuilt Wellness Program

Complete the following activities by October 31, 2022 to earn a premium discount in 2023.

Step 1: Health Assessment

Step 2: Biometric screening (through Physician Form)

Step 3: Earn 3 points by completing any of the following:

- » Wellness challenges (1 point each; max 3 points)
- » Online wellness courses (1 point each)
- » SMART goals (1 point each)
- » Dental exam (1 point each; max 1 point)
- » Vision exam (1 point each; max 1 point)
- » Lifestyle Management coaching calls* (3 points for completion of 3 calls)

*Lifestyle Management coaching calls will only be available to those found to have 3+ risk factors after completion of their Health Assessment and biometric screening.

Participation in the program not only provides you with valuable health and wellness information, tools and resources, it also provides you with the opportunity to reduce your SAFEbuilt medical insurance premiums. For example, the premium discount for 2022 is \$20 per month for each employee and spouse who complete the steps. If your spouse is also covered on your medical plan and you both complete the requirements, your medical premium discount will be \$40 per month. **That's a savings of up to \$240 per year for each participant, for a total savings of up to \$480 per year!**

Log in today to start improving your health and earn points toward your premium discounts!

Note: If you were hired or became newly eligible on or after October 1, 2021, your program requirements may be different. Refer to page 2 for more details.

Login Information

Visit assethealth.com/safebuilt on your computer* or mobile device to get started.

- **Employee Login (SAFEbuilt network)**
or
- **Employee/Spouse Login (external network)**
 - » **Username:** full first name + full last name + date of birth (mmddyyyy)**
 - » **Password:** date of birth (mmddyyyy) – i.e., 04041992**

*First-time login must be via a computer.

**You will be asked to change your username and password after logging in for the first time.



Privacy

We know your privacy is important – so we want you to know:

- Your personal health information is kept strictly confidential on a HIPAA compliant platform and is **not** shared with SAFEbuilt on an individual level.
- SAFEbuilt **cannot** gain access to any individual or identifiable health information, including that from your biometric screening.
- Your personal information is stored on secure servers that are not accessible by third parties.¹
- All information captured in the wellness portal is meant to help you improve your overall wellness.
- **[Click here](#)** for more details.

¹Possible exceptions due only to court orders or other legal actions.

New Hires - Modified Program Requirements

- **Hire Dates: October 1, 2021 – November 30, 2021 (Benefit start dates: November 1 and December 1, 2021)**
 - » Automatically qualify for the 2022 incentive in January and February 2022
 - » Must complete the Scavenger Hunt by February 15, 2022 to earn the incentive for March-December 2022.
 - » Must complete full program requirements by October 31, 2022 to earn the 2023 incentive.
- **Hire Dates: December 1, 2021 – July 31, 2022 (Benefit start dates: January 1 through August 1, 2022)**
 - » Automatically qualify for the 2022 incentive for the first two months of coverage.
 - » Must complete the Scavenger Hunt within 45 days of medical coverage start date to earn the incentive for the remaining months of the year.
 - » Must complete full program requirements by October 31, 2022 to earn the 2023 incentive.
- **Hire Dates: August 1, 2022 – September 30, 2022 (Benefit start dates: September 1 and October 1, 2022)**
 - » Automatically qualify for the 2022 incentive.
 - » Must complete the Scavenger Hunt and 3 activity points by December 15, 2022 to earn the incentive for 2023.

Questions?

Contact Asset Health Support at 855-444-1255 or support@assethealth.com.

For SAFEbuilt benefit questions, please contact benefits@safebuilt.com.

